



May Class Schedule

1525 Wilmington Dr.
DuPont, WA 98327
(253) 964-2490

* Classes may change or cancel due to illness of instructor

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:00am Spin (MaryPaige) 10:30am Leased (BabyBootCamp) 5:00pm Pilates (Sharon) 6:00pm Body Sculpt (Kellene) 7:00pm Spin (Kellene)	2 6:00am Spin(Shera) 9:00am Pilates (Sharon) 10:00am Yoga (Myra)	3 9:00am Kickboxing (Lindsey)
5 6:00am Spin (Shera) 10:00am Yoga (Julie) 5:30pm Yoga (Myra) 6:30pm BodySculpt (Sharon)	6 8:15am Pilates (Rebecca) 10:30am Leased (BabyBootCamp) 5:30pm Pilates (Sharon) 7:00pm KickBoxing (Lindsey)	7 6:00am Spin (Shera) 9:00am Spin (Shera) 10:00am Yoga (Shera) 5:00pm Yoga (Myra) 6:00pm Step (Carey) 7:00pm Kickboxing (Lindsey)	8 10:30am Leased (BabyBootCamp) 5:00pm Pilates (Sharon) 6:00pm Body Sculpt (Kellene) 7:00pm Spin (Kellen)	9 6:00am Spin(Shera) 9:00am Pilates (Rebecca) 10:00am Yoga (Myra)	10 9:00am Kickboxing (Lindsey)
12 6:00am Spin (Shera) 10:00am Yoga (Julie) 5:30pm Yoga (Myra) 6:30pm BodySculpt (Sharon)	13 8:15am Pilates (Rebecca) 10:30am Leased (BabyBootCamp) 5:30pm Pilates (Sharon) 7:00pm KickBoxing (Lindsey)	14 6:00am Spin (Shera) 9:00am Spin (Shera) 10:00am Yoga (Shera) 5:00pm Yoga (Myra) 6:00pm Step (Carey) 7:00pm Kickboxing (Lindsey)	15 9:00am Spin (MaryPaige) 10:30am Leased (BabyBootCamp) 5:00pm Pilates (Sharon) 6:00pm Body Sculpt (Kellene) 7:00pm Spin (Kellen)	16 6:00am Spin(Shera) 9:00am Pilates (Rebecca) 10:00am Yoga (Myra)	17 9:00am Kickboxing (Lindsey)
19 6:00am Spin (Shera) 10:00am Yoga (Julie) 5:30pm Yoga (Myra) 6:30pm BodySculpt (Sharon)	20 8:15am Pilates (Rebecca) 10:30am Leased (BabyBootCamp) 5:30pm Pilates (Sharon) 7:00pm KickBoxing (Lindsey)	21 6:00am Spin (Shera) 9:00am Spin (Shera) 10:00am Yoga (Shera) 5:00pm Yoga (Myra) 6:00pm Step (Carey) 7:00pm Kickboxing (Lindsey)	22 9:00am Spin (MaryPaige) 10:30am Leased (BabyBootCamp) 5:00pm Pilates (Sharon) 6:00pm Body Sculpt (Kellene) 7:00pm Spin (Kellen)	23 6:00am Spin(Shera) 9:00am Pilates (Rebecca) 10:00am Yoga (Myra)	24 9:00am Kickboxing (Lindsey)
26 Memorial Day! No Classes	27 8:15am Pilates (Rebecca) 10:30am Leased (BabyBootCamp) 5:30pm Pilates (Sharon) 7:00pm KickBoxing (Lindsey)	28 6:00am Spin (Shera) 9:00am Spin (Shera) 10:00am Yoga (Shera) 5:00pm Yoga (Myra) 6:00pm Step (Carey) 7:00pm Kickboxing (Lindsey)	29 9:00am Spin (MaryPaige) 10:30am Leased (BabyBootCamp) 5:00pm Pilates (Sharon) 6:00pm Body Sculpt (Kellene) 7:00pm Spin (Kellen)	30 6:00am Spin(Shera) 9:00am Pilates (Rebecca) 10:00am Yoga (Myra)	31 9:00am Kickboxing (Lindsey)

